



YOGA FEDERATION OF INDIA

(REGD. UNDER THE SOCIETIES REGISTRATION ACT XXI OF 1860, REGO. NUMBER 1195, DATED 14.02-90)

AFFILIATED TO ASIAN YOGA FEDERATION & INTERNATIONAL YOGA SPORTS FEDERATION

RECOGNITION OF: INDIAN OLYMPIC ASSOCIATION - OCTOBER, 1998 TO FEBRUARY, 2011

REGD. OFFICE: Flat No. 501, GHS.93, SECTOR-20, PANCHKULA -134 116 (HARYANA) INDIA

E-mail: - info@yogafederationofindia.com Mobile No. +91-94174-14741, Website: - www.yogafederationofindia.com

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VICE PRESIDENTS:

SH. J. MANOHAR
(Telangana)
SH. PRABHAT CH. BORA
(Assam)



JOINT SECRETARIES:

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(Karnataka)

SH. ARINDAM MITRA
(Haryana)



EXECUTIVE MEMBERS:

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(Maharashtra)

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(Haryana)

Ref no. YFI/43071-43140

Dated: 04/01/2026

To

1. The Office Bearers, Yoga Federation of India.
2. The Presidents / General Secretaries, All State / U.T. Yoga Associations
(affiliated with Yoga Federation of India)

Minutes of the General Body Meeting (GBM)

Held During the 50th Sub Junior & Junior National Yoga Sports Championship

Venue (Championship): Ratanlal Jain Smriti Bhawan, Ratu Road, Ranchi, Jharkhand

Date: 27th December 2025

Time: 7:00 PM onwards

Members Present

The meeting was attended by the following dignitaries and representatives:
Mr. Prabir Karmakar Secretary - Asian Yoga Federation

Federation Leadership

- Shri Ashok Kumar Aggarwal – Lifetime Chairman, Yoga Federation of India
- Mrs. Indu Aggarwal – Chief Executive Officer (CEO), Yoga Federation of India
- Dr. Abhinav Joshi – Secretary General, Yoga Federation of India
- Mr. Raman Kumar – Treasurer, Yoga Federation of India
- Shri Manohar Kumar Jala - Vice President
- Shri Prabhat Bora - Vice President
- Shri Arindam Mitra - Joint Secretary

Executive Members

- Shri M. Avinash of Andhra Pradesh
- Shri Paresh Bhatt of Gujarat

State Unit Members

- Yogiraj N Ramalingam of Tamil Nadu
- Shri Chandrakant Pangare of Maharashtra
- Acharya Mahendra Sharma of Himachal Pradesh
- Shri Vishal Goel of Punjab
- Shri Sunil Kumar of Uttar Pradesh
- Dr. P N Ganesh Kumar of Karnataka
- Dr. Arvind K. Kotnala of Uttarakhand
- Shri Awadesh Kumar of Bihar
- Shri Vivekanand of Bihar
- Yogen V Dassaradan of Puducherry



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- Munjit Baruah of Arunachal Pradesh
- A. Uma of Puduchery
- Chandan Poojari of Chandigarh
- Gautam Dutt Joshi of Chandigarh
- Bichtra Ranjan Bora of Assam
- Krishan as Delhi Representative
- Acharya Deepak Sharma as Delhi Representative
- Manik Pradhan as West Bengal Representative
- Tapasi Dey as West Bengal Representative
- Aryaveer as Representative Jammu & Kashmir
- K V Rajagopalan Representative Tamilnadu
- Damodar Govenkar Representative Goa
- Santosh Kumar Biswal Representative Odisha
- Shri Vikas Gavate, Representative of Maharashtra
- Ms. Vidya Mahale, Representative of Maharashtra
- Shri Sumit Kumar, Representative of Uttar Pradesh
- Other State Representatives Host Association
- Mr. S N Bhatta Patron, Jharkhand Yoga Association
- Mr. Kanhaiya Lal Agarwal, President, Jharkhand Yoga Association
- Dr. Sanjay Kumar Jha CEO, Jharkhand Yoga Association
- Shri Aditya Kumar Singh, Secretary, Jharkhand Yoga Association

Commencement of the Meeting

The Annual General Meeting (AGM) of the Yoga Federation of India was held during the **50th Sub-Junior & Junior National Yoga Sports Championship** at **Ratanlal Jain Smriti Bhawan, Ratu Road, Ranchi, Jharkhand.**

The meeting was formally initiated by the **Secretary General, Dr. Abhinav Joshi**, who warmly welcomed all the representatives and office bearers of the affiliated state units present in the meeting.

The Secretary General then requested **Shri Ashok Kumar Aggarwal, Chairman, Yoga Federation of India**, to kindly chair and preside over the AGM. Shri Ashok Kumar Aggarwal accepted the request and assumed the chair.

Vote of Thanks to Host Association

The Chairman and members of the house expressed their sincere appreciation and gratitude to the **Jharkhand Yoga Association** for successfully organising the championship.

Special thanks were conveyed for:

- Excellent accommodation arrangements
- Quality food services
- Smooth conduct of the championship
- Well-organised venue facilities
- Souvenir and overall hospitality

The house applauded the efforts of the host association for delivering a memorable and well-managed national event.



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Important Discussions & Directives

Player Entry Compliance

The Chairman raised concern that several states consistently fail to submit championship entries within the stipulated timeline.

Decision Taken:

- From the **51st National Championship onwards**, late submission of entry forms and fees will attract **late fees**.
- Entry proforma and fees must be submitted strictly within the prescribed deadline.

State Championship Timeline

It was unanimously decided that:

- Every state must complete its State Championship at least one month prior to the National Championship.**

Strengthening North-East States

The Chairman requested **Shri Prabhat Bora Ji, Vice President, Yoga Federation of India**, to take special initiative and responsibility to **strengthen and develop Yoga Sports activities in the North-Eastern states.**

Agenda-wise Proceedings

Agenda 1:

Confirmation of Minutes of the Previous AGM

- AGM Held On:** 9th October 2025
- Venue:** Mysore, Karnataka

Proposed by:

Shri N. Ramalingam Ji
Secretary, Tamil Nadu Yoga Association

Seconded by:

Acharya Mohinder Ji
President, Himachal Pradesh Yoga Association

Resolution:

The agenda was **unanimously approved and passed.**

Agenda 2:

Report of Yoga Federation of India for the Year 2025

Proposed by:

Shri Kanhaiya Lal Agarwal,
President, Jharkhand Yoga Association



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Seconded by:

Shri Paresh Bhatt,
Secretary, Gujarat State Yoga Association

The annual report for the year 2025 was presented and accepted by the house.

Agenda 3:

Federation Cup – 2026

- It was decided that the **Federation Cup will be conducted online in March 2026.**
- Shri Prabhat Bora Ji (Assam) stated that **online participation certificates are also valuable and valid.**

Future Championships Decisions

- 51st Sub-Junior & Junior National Yoga Sports Championship**
 - Venue:** Jaipur, Rajasthan
 - Tentative Month:** October, 2026
- 51st Senior National Yoga Sports Championship**
 - Proposal placed by **Shri Vikas Gawde**, representing the President, Maharashtra Yoga Association
 - Request to allot the championship to **Maharashtra**
 - Tentative Period:** November or second week of December

Special Resolution:

No championship shall be conducted between **15th December to 15th January** due to :-

- Extreme cold conditions
- Train connectivity issues
- Travel difficulties for teams

Technical & Regulatory Decisions

Launch of New Syllabus

- The **Technical Committee of YFI** introduced a **new syllabus, rules, and regulations.**
- The syllabus was **technically approved.**
- Members were invited to provide suggestions for further improvement.

Referee Examination Policy

- No referee will be allowed to appear for the exam **without recommendation from their respective State Yoga Associations.**
- Only **state-nominated candidates** will be eligible.



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Mandatory Referee Course

- Prior to the referee examination, the **Yoga Federation of India** will conduct a **mandatory referee course**.
- Attendance in this course is compulsory for all referee examinees.

Additional Point

The Vice President, **Mr. Prabhat Bora**, suggested that in the **Musical Pair Competition, Junior and Sub-Junior categories** should either be conducted separately or be allowed **two pair entries per state**—one from Junior and one from Sub-Junior—to promote Sub-Junior players.

After discussion, it was noted that **due to technical and procedural constraints**, only **one pair entry per state** is currently permitted. Therefore, although the suggestion was **agreed upon in principle**, it **could not be implemented at present** and was noted for future consideration.

Conclusion

The meeting concluded with mutual consensus and appreciation of all participating members.
The Chairman thanked the house for constructive discussions and declared the GBM closed.

Dr. Abhinav Joshi
Secretary General
Yoga Federation Of India